

"Mackie Hinge" Static Progressive Knee Brace

Patient Fitting Instructions









- 1. Turn both knobs (A) together so the angle of the brace is the same as the leg. The leg should be in the most extended position.
- 2. With the brace on front of the leg, pull the straps (B) across the back of the leg and through the buckle. Straps should be secure and snug. The knee cap should be positioned between the two middle straps.
- 3. Turn both knobs together in the direction to straighten the knee. Mild discomfort or a feeling of stretch should reduce in less than 30 minutes. Do not readjust the knobs to increase stretch, unless directed by physician.

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